



Camp Dos and Don'ts

DOs	DON'Ts
<p>👍 Arrive on time (per camp start time)</p>	<p>👎 Wander off (<i>MUST stay in Soccer Camp area</i>)</p>
<p>👍 Bring Water (Jugs work better than bottles)</p>	<p>👎 Walk to the bathroom alone (<i>Wait for bathroom breaks with Staff</i>)</p>
<p>👍 Bring Snacks and Lunch (Snacks 10:15/11:15; Pack extra food just in case)</p>	<p>👎 Hang on goals (<i>goal may fall down and really hurt you</i>)</p>
<p>👍 Wear Shin-Guards (also wear long socks 100% over them)</p>	<p>👎 "Help" w/ goals/stakes/flags (<i>they are sharp and can hurt you</i>)</p>
<p>👍 Wear sneakers/Soccer shoes/Bring a Jacket (no open-toed shoes, baseball cleats, hiking boots, jacket in case it gets cold)</p>	<p>👎 Hit/Spit on anyone (<i>May be removed from Camp</i>)</p>
<p>👍 Wear sun block (Before/During camp)</p>	<p>👎 Use profane language (<i>or discriminatory language</i>)</p>
<p>👍 Practice juggling at home (Personal Records and tell your coach)</p>	<p>👎 Chew gum, suck on candy (<i>during play</i>)</p>
<p>👍 Make a flag (maybe) (by Friday, of your Team/Country)</p>	<p>👎 Throw anything at anyone (<i>including soccer balls and water</i>)</p>
<p>👍 Wear your camp jersey (plan is to have them out by Wednesday)</p>	<p>👎 Walk/Ride home (<i>or to waiting area – older kidz with note to office, ok</i>)</p>
<p>👍 Depart on time (pick up time – which is when camps ends)</p>	<p>👎 Ride home w/ other family (<i>without prior written consent</i>)</p>

